

# Things I Have Done

Put a check mark next to each thing you have done. Then count up the total number of each section.

## Working With People:

- Take care of a sick relative
- Give medicine to a child
- Care for child who is disabled
- Help at a school event
- Make phone calls
- Visit friends and family in nursing homes
- Visit new places
- Take care of my children or other people's children
- Teach or coach a sport
- Organize parties for family or friends
- Teach at my place of worship
- Help children with their homework
- Participate in events in my community
- Volunteer at a library
- Work with other parents in the schools
- Go on field trips for teens and help out
- Play music or dance for others
- Other \_\_\_\_\_

## Working With Data:

- Write checks and balance a checkbook
- Do a budget for my family
- Record money for a club or group
- Handle the money/finances for a small business
- Read a map
- Follow directions
- Read a flyer or poster
- Apply for a loan or credit
- Fill out forms and applications
- Make airline arrangements
- File papers
- Enter data onto a computer
- Select and price items to be purchased by a group
- Maintain sales records for an organization's store or sale
- Choose colors for sewing, crafts, decorating projects
- Other types of working with data

## Working With Things:

- Take care of plants, garden, farm
- Cooking
- Do housecleaning at home
- Flower arranging
- Care for animals
- Type, filing, office work for an organization
- Use a computer
- Take photographs
- Operate stereo equipment
- Build furniture
- Repair equipment, repair appliances
- Operate equipment (lawnmowers, saws, forklifts)
- Use tools
- Drive buses, vans, taxis
- Prepare meals for large groups
- Build things
- Cut down trees
- Give haircuts, or do hair styling
- Take care of cars
- Other \_\_\_\_\_

## Summary:

**I have the most experience doing this type of work:**

- Working with People**
- Working with Data**
- Working with Things**