

## **Daylight Saving Time**

It's daylight saving time.

It's daylight saving time again.

It's time to switch the clocks forward.

Spring forward.

It's time to move the clocks ahead.

Tick tock move the clock.

Spring forward.

Each spring we move the clocks forward.

And we lose an hour's sleep.

Some people are not happy with the change.

Standard time or daylight saving time?

One or the other, or do we keep changing?

It's something everyone talks about.

Each spring we move the clocks ahead.

And we lose an hour's sleep.

Darkness in the morning.

Light in the evening.

But don't worry.

There's no reason to panic.

There's no reason to get frantic.

In the fall we move the clocks back.

Tick tock, move the clock.

And we gain an hour's sleep.