



*Good Morning!*

*ESOL Online AM*

Week 33 - Day 100 - THURSDAY - 5-18-2023 SP

Thursday, May 18, 2023



Worcester  
Adult Learning Center

# THINGS YOU WILL DO IN CLASS

Write



Read







Speak



Listen



## CLASS VALUES

- Be respectful 
- Be kind 
- Be on time 
- Be helpful 

## SCHOOL RULES

### Attendance

No more than 2 unexcused missed classes a month

2 late arrivals of 15 minutes or more will equal 1 absence

Send a message to the teacher if you can not come to class.

### Participation

\*Please keep your video on during class.  
Cameras must be on for Conversation Practice.

## WHEN DO WE MEET AS A CLASS?



Tuesday, Wednesday, Thursday

January 3 - Thursday, June 8, 2023

Class start time: 9:00 AM

- BREAK: 10:00 - 10:20 AM
- Class end time: 11:30 AM

Homework: 11:00 - 12:00 NOON



& Lifestyle

# STANDARDS – FOR THIS WEEK

## Listening and Speaking

- L/S1A.3b. Carry out speaking tasks that require a short, simple explanation related to expressing needs, feelings, or information in familiar contexts, such as: leaving phone messages with appropriate level of detail (e.g., for school or work) [Calling the Doctor's Office]
- L/S3B.5a. Understand and produce a broad set of grammatical structures ex: present and past continuous verb tense
- L/S3B.5b. Recognize and use increasingly complex phrases, and independent and dependent clauses.

## Reading

- R3C.2a. Understand the differences in meaning between simple present and present continuous tense.
- R3C.3a. Understand the differences in meaning of the present, present continuous, future, and past tenses.
- R1A.4a. Read and comprehend a range of authentic or level-adapted multi-paragraph informational texts, such as: nutrition labels (prescriptions)

## Writing

- W3C.2a. Show knowledge of simple learned patterns to create subject-predicate statements (e.g., affirmative sentences, formulaic questions) that include basic elements of grammar, such as: present progressive tense
- W3C.3a. Show knowledge of basic grammar to construct simple sentences (including negative sentences and questions), such as: common irregular past tense verbs, negation of continuous and perfect tenses
- W3B.4b. Use expanded vocabulary that includes abstract nouns (e.g. community, luck, diversity) and some common idiomatic expressions (e.g., take care of, count on).
- W3B.4d. Use common phrasal verbs (e.g., look for, go away, give in).
- W3C.5a. Construct text of coherently linked simple, compound, and complex sentences that include more complex grammar structures, such as: verb tenses to convey times, sequences, states, and conditions

# OBJECTIVES – AT THE COMPLETION OF THIS WEEK'S LESSONS STUDENTS WILL BE ABLE TO:

## Writing

- Write sentences using new health vocabulary.
- Write sentences using present and past continuous.

## Listening / Speaking

- Describe pictures using present and past continuous properly.
- Use present and past continuous in negative sentences.
- Interpret health conversations/dialogs.
- Discuss health issues using new vocabulary.
- Role play a visit or call to the doctor's office, a walk-in clinic, and a pharmacy.

## Reading

- Read prescriptions, health warnings, and labels.
- Demonstrate an understanding of the text by answering questions and in discussion.

# MATERIALS – FOR THIS WEEK

- Journals
- Health (elli)
  - Going to the Pharmacy (ellii)
  - Home Remedies (ellii)
  - Health and Body Scenarios (ellii)
- Simple Present or Present Progressive (ellii)
- Slides
- Videos

\*See Resources slide for links

# RESOURCES

## Health & Lifestyle

- World Health Day (WHO) <https://www.who.int/campaigns/75-years-of-improving-public-health> / Health definition <https://www.who.int/about/governance/constitution>
- 5 Pillars of Health <https://www.physiopoint.ie/post/the-5-pillars-of-health>
  - Sleep, Nutrition, Exercises/Physical, Mind/Emotional, Social/Community
- Activities to improve Sleep <https://health.nzdf.mil.nz/your-health/body/sleeping-well/>
- The Body - flashcards (ellii) <https://ellii.com/media/flashcards/body-health-medicine/the-body>
- Illness and Injury - flashcards (ellii) <https://ellii.com/media/flashcards/body-health-medicine/illness-injury>
- Going to the Doctor (ellii) [https://app.ellii.com/lesson/1708-going-to-the-doctor?back\\_to=section](https://app.ellii.com/lesson/1708-going-to-the-doctor?back_to=section)
- Going to a Walk-in-Clinic (ellii) [https://app.ellii.com/lesson/3032-going-to-a-walk-in-clinic?back\\_to=section](https://app.ellii.com/lesson/3032-going-to-a-walk-in-clinic?back_to=section)
- Going to the Pharmacy (ellii) <https://app.ellii.com/lesson/1707-going-to-the-pharmacy>
- Reading Prescriptions (wikihow.com) <https://www.wikihow.com/Read-a-Doctor%27s-Prescription> / Pictures only (Creative Commons) <https://www.wikihow.com/Read-a-Doctor%27s-Prescription#/Image:Read-a-Doctor%27s-Prescription-Step-1-Version-5.jpg> / (WALC samples on slides) / Liveworksheets [https://www.liveworksheets.com/worksheets/en/English\\_as\\_a\\_Second\\_Language\\_\(ESL\)/Reading/Understanding\\_warning\\_and\\_medication\\_labels\\_SB4\\_i3248770vh](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Reading/Understanding_warning_and_medication_labels_SB4_i3248770vh)  
Prescription for Health and Happiness <https://www.the-hospitalist.org/hospitalist/article/32192/drug-therapy/prescriptions-for-health-and-happiness/>
- Health Labels and Warnings (ellii) <https://app.ellii.com/lesson/3398-health-labels-and-warnings>
- Useful Home Remedies (ellii) <https://app.ellii.com/lesson/3930-useful-home-remedies>
- Top 10 Foods <https://www.ucsfhealth.org/education/top-ten-foods-for-health>
- Reading Nutrition Labels (WALC samples on slides, Easy Teacher Worksheets.com, [www.fooeducate.com](http://www.fooeducate.com))
- Benefits of Walking Walking Breaks counteract the effects of sitting (Harvard.edu) <https://www.health.harvard.edu/staying-healthy/walking-breaks-counter-the-effects-of-sitting>
- Creative ways to support your Brain (mind your mind) <https://mindyourmind.ca/wellness/creative-ways-support-your-mental-health>
- Social Health <https://newsinhealth.nih.gov/2017/02/do-social-ties-affect-our-health#:~:text=Studies%20have%20found%20that%20people,especially%20protective%20during%20difficult%20times.>
- Health and Body - Role Plays (ellii)

# RESOURCES

## English Language

- Health & Lifestyle vocabulary
- Present Continuous (slides)
- Present Progressive (ellii)
- Simple Present or Present Progressive (ellii)
- Punctuation marks (excerpts from ellii)

## Optional *Time permitting*

- *What Happened? (ellii)* [https://app.ellii.com/lesson/1589-what-happened?back\\_to=section](https://app.ellii.com/lesson/1589-what-happened?back_to=section)
- *Calling 911 (ellii)*
- *Allergies and Climate Change* <https://www.health.harvard.edu/>

## Mini Lessons

- Idioms - Determine the meaning of idioms (IXL Learning) / Why learning idioms? <https://www.tiktok.com/@englishwithkayla/video/7213388435988614446/>
- <https://www.ixl.com/ela/grade-4/determine-the-meaning-of-idioms-from-context-set-1>
- Listening Activities - TBD (ello) Body Idioms

# AGENDA (WHAT WE WILL DO THIS WEEK)

- ❑ Health & Lifestyle
  - ❑ News & Housekeeping
  - ❑ Listening/Speaking – Present and Past Continuous
  - ❑ Journal Writing – Present and Past Continuous
  - ❑ Idiom
  - ❑ Health
    - ❑ Going to the Pharmacy (ellii)
  - ❑ Conversation Practice \* – Health vocabulary / Health and Body – Role Play Scenarios (ellii)

\*time permitting

\* Click on the link in your Remind message to rejoin our Zoom class.



**QUESTIONS?**



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NEWS





## Important Dates:



Graduation is Tuesday, May 30 at 6:00 PM.

★ Arrive at the school no later than 5:30 PM. **No PM classes.**



Last Day of Spring Classes is Thursday, June 8.



Summer Classes June 20 - July 27 (5 weeks)

★ Class meets on TWT, 9:00 - 11:30, at the school.



ESOL Online Book Club Monday, June 19 (5 weeks)



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NEWS



## Summer Classes

- At the school
- June 20 - July 27
- No classes the week of July 4
- Class meets TWT, 9:00 - 11:30 am

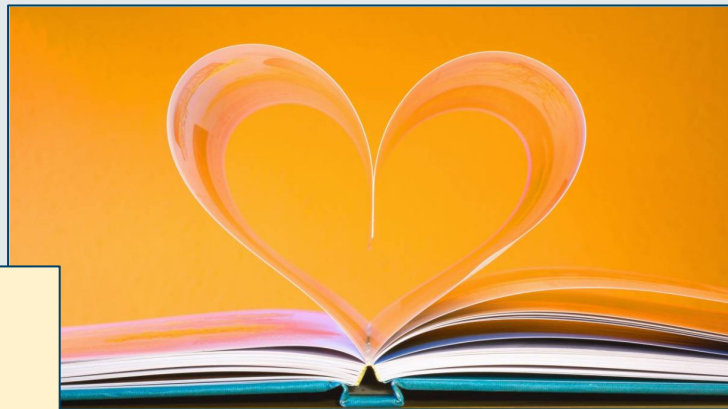


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NEWS

# ESOL Online Summer Book Club

- Online
- Mondays only - 5:30 - 7:30 PM
- June 19 - July 24 (5 weeks)
- No meeting week of July 4
- The school will give you a book to keep.





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NEWS

Are you coming back to school in September?

- Online class?
- Fall semester: September - December

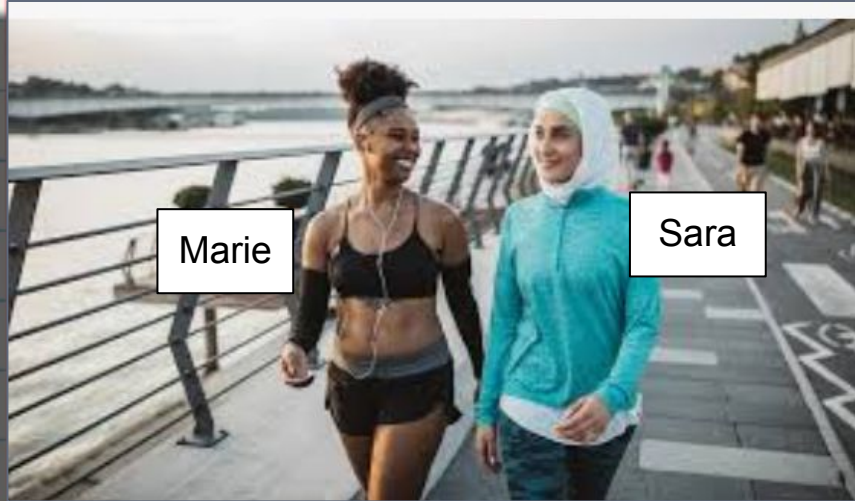


**QUESTIONS?**

Speak



1. What are they doing in the picture?
2. What were they doing in the picture?



Marie

Sara

## Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

## Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

Write



Today's date is \_\_\_\_\_ . Today's weather is \_\_\_\_\_ .

Day, Month Date, Year



# JOURNAL WRITING

Please write complete sentences (SVO)

1. What are they doing in the picture?
2. What were they doing in the picture?



## Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

## Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will



**QUESTIONS?**

# IDIOM OF THE DAY

Which picture shows the meaning of *has eyes in the back of his head* as it is used below?

Our teacher always knows when we're up to something. I guess he **has eyes in the back of his head**.



# IDIOM OF THE DAY

🔊 Which picture shows the meaning of *in hot water* as it is used below?

🔊 I knew I would be **in hot water** when Mom and Dad got home. I just threw a ball inside the house and broke the window!



# IDIOM OF THE DAY

Which picture shows the meaning of *made a beeline for* as it is used below?

We couldn't wait to go outside and play. When class was over, we **made a beeline for** the door.



## IDIOM OF THE DAY

Which picture shows the meaning of *sleep on it* as it is used below?

We want to get a big dog, but Dad isn't sure. He says he'll **sleep on it** and tell us tomorrow.



# IDIOM OF THE DAY

Which picture shows the meaning of *two peas in a pod* as it is used below?

Ruth's kids are **two peas in a pod**. They aren't twins, but they look and act like they are!



## IDIOM OF THE DAY

What is the meaning of **take a rain check**?

I can't go to the movies this Thursday, but I'd like to **take a rain check** for next week.

to accept an offer now for a later time

to ignore someone in an unfriendly way

# IDIOM OF THE DAY





**QUESTIONS?**



& Lifestyle

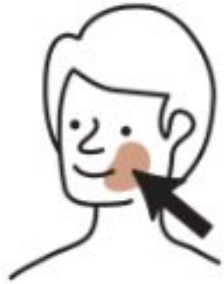


# HEALTH

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.



# HEALTH - THE BODY



cheek



chest



chin

# HEALTH - ILLNESS & INJURY



**cold**



**congested**



**cough**

# Going to the Doctor

## Everyday Dialogues

💡 Low Int    🎓 Teens & Adults



Mr. Perez has a sore throat. Do your students know how to describe their symptoms? Students learn important vocabulary and expressions required for seeking medical attention.

# Going to a Walk-In Clinic

## Everyday Dialogues

💡 Low Int - Int    🎓 Teens & Adults

In this lesson, students learn and practice using vocabulary and expressions related to walk-in clinics. They have a group discussion and practice writing their own dialogues and answering questions.



# HEALTH - READING A DOCTOR'S PRESCRIPTION

DEA# BHSDFBEGdbg	License # 12312844	NPI # 123434357416	Doctor Information	
RESIDENT PHYSICIAN M.D. Prime Example Hospital 1 Main Street NY, NY 10000 (888)888-8888				Patient Information
Name: John Smith	DOB: 12/13/1985			
Address: 2 Main Street NY 10000	Age: 24		Drug Information	
Allergies: NKDA	Sex: Male			
Weight: 165 kls	Dat: 4/15/10			
<b>R<sub>x</sub></b>				
_____ Resident Physician (Signature)				
Refills : _____				
_____ Dispense as Written		_____ May Substitute		

# HEALTH - READING A DOCTOR'S PRESCRIPTION



Rx 246326  
HAMMEL, LILY  
D.O.B. 1977-AUG-02

DATE FILLED 11/17/20

## **AMOXICILLIN 200MG TABLET**

TAKE ONE TABLET TWICE A DAY FOR FOURTEEN DAYS

OK TO TAKE WITH FOOD

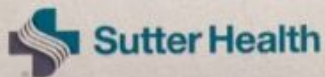
Dr. Rodman, Roger MD (925) 555-7980

QTY: 28

REFILLS: 0

Use before: 12/02/20

# HEALTH Read a Prescription



## Prescription for Health & Happiness

*A dose of joy and self-compassion*

Provider: Dr. Leif Hass

Date: 2/20/2021

Prescribed to: Suzie S.

Rx *spread the love*

*watch a sunset*

Refills:  1  2  3  4  As Needed

- Take a few deep breaths
- Call an old friend
- Give someone a hug
- Help a friend in need
- Write a thank you note
- Sing in the shower
- Dance to your favorite song
- Go for a walk in a beautiful place
- Forgive someone
- Talk to yourself with a kinder voice

# Health Labels and Warnings

## Real-World Reading

💡 Low Int   🎓 Teens & Adults

In this Real-World Reading resource, students practice reading short labels and warnings that relate to health, including food and prescription labels.



# Going to the Pharmacy

## Everyday Dialogues

 Low Int  Teens & Adults

A customer talks to a pharmacist about a new prescription. Students learn vocabulary related to side effects and warnings.



# Useful Home Remedies

## That's News to Me

 Adv  Teens & Adults

In this digital-only lesson featuring content from The Washington Post, students read about home remedies for different health issues that researchers have found effective. This lesson includes comprehension and discussion questions.



# Health & Body

## Role-Plays

💡 Int - Adv    👤 Teens & Adults



Use these ready-made scenarios to practice everyday English in a variety of settings related to health and the body. Useful expressions are provided.

## The 5 Pillars of health

Sleep



Nutrition



Exercises



Mind /  
Emotions



Community /  
Relationship



# HEALTH

Sleep



## Activities to improving sleep

Change what you eat or drink

Plan your activities

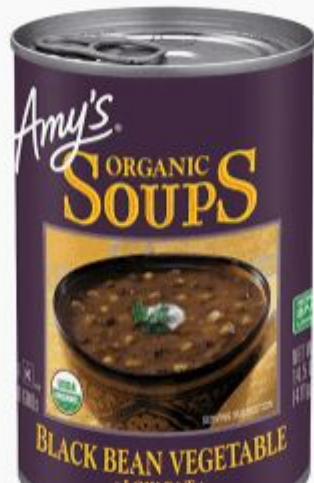
Make your bed a place of sleep

Relax before you go to bed

# HEALTH



# READING NUTRITION LABELS



## Nutrition Facts

**8 servings per container**

Serving size

1 cup (55g)

Amount per 1 cup

**Calories**

**500**

% DV\*

**12%** Total Fat 8g

**5%** Saturated Fat 1g

Trans Fat 0g

**0%** Cholesterol 0mg

**7%** Sodium 160mg

**12%** Total Carbs 37g

**14%** Dietary Fiber 4g

Sugars 4g

Added Sugars 10g

**Protein 3g**

**10%** Vitamin D 2mcg

**20%** Calcium 260mg

**45%** Iron 8mg

**5%** Potassium 235mg

\* Footnote on Daily Values (DV) and calories reference to be inserted here.

# READING NUTRITION LABELS



## Nutrition Facts

Serving Size 1 pastry (52g)

Serving Per Container 8

### Amount Per Serving

**Calories** 200      Calories from Fat 45

### % Daily Values\*

**Total Fat** 5g      **8%**

Saturated Fat 2g      **10%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 1g

**Cholesterol** 0mg      **0%**

**Sodium** 170mg      **7%**

**Total Carbohydrate** 38g      **13%**

Dietary Fiber 0g      **0%**

Sugars 16g

**Protein** 2g      **4%**

Vitamin A 10%      •      Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

# HEALTH

## Exercises



### PHYSICAL

- Better health
- Improved quality of life
- Stronger bones & muscles
- Fight off illness better
- Weight control
- Improved fitness

### MENTAL

- Reduce anxiety & depression
- Reduce & prevent stress
- Increase cognitive functioning
- Feeling more energetic
- Sleep better
- Relaxation

### SOCIAL

- Social integration
- Build new friendships
- Strengthen relationships
- Increase family time
- Meet new people
- Build social skills

### EMOTIONAL

- Self confidence
- Increase feeling of self-worth
- Increase feelings of happiness
- Increase feelings of success
- Positive mood & affect
- Lower tension

# HEALTH

## Exercises



**Walking breaks counter the effects of sitting**

# HEALTH

## Exercises



## BENEFITS OF WALKING EVERYDAY

Improve Glucose Tolerance

Prevent Early Dementia

Prevent Heart Diseases

Improve Glucose Tolerance

Improve Digestion

Boosts Immune Pain

Relieve Back Pain

Eases Joint Pain

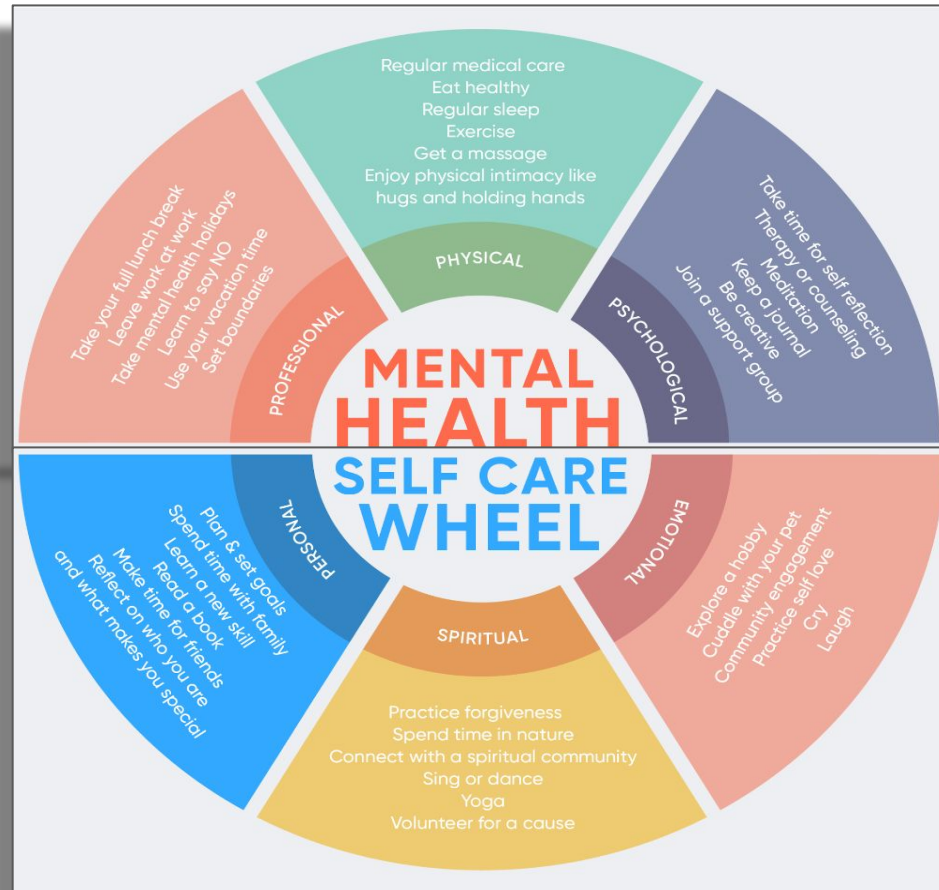


# HEALTH

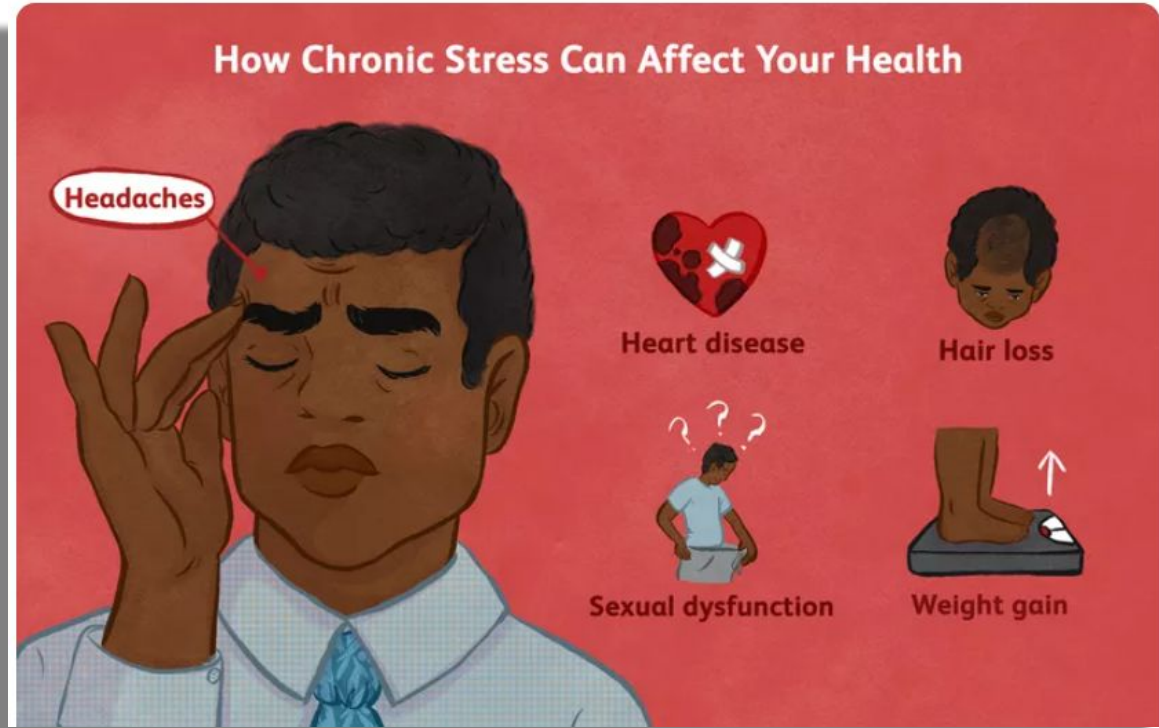
Mind /  
Emotions



# HEALTH



# HEALTH



# HEALTH



**Watch Now: 5 Ways Stress Can Cause Weight Gain**

# HEALTH

Mind /  
Emotions



## HOW TO DEAL WITH STRESS AND ANXIETY

### MIND



**Accept that you cannot control everything.**

Put your stress in perspective: is it really as bad as you think?



**Do your best.**

Instead of aiming for perfection, which isn't possible, be proud of however close you get.



**Maintain a positive attitude.**

Make an effort to replace negative thoughts with positive thoughts.



**Learn what triggers your anxiety.**

Is it work, family, school, or something else you can identify? Write in a journal when you're feeling stressed or anxious, and look for a pattern.

# HEALTH



Creative Ways to Support Your Brain

# HEALTH

Community /  
Relationship



## PHYSICAL

- Better health
- Improved quality of life
- Stronger bones & muscles
- Fight off illness better
- Weight control
- Improved fitness

## MENTAL

- Reduce anxiety & depression
- Reduce & prevent stress
- Increase cognitive functioning
- Feeling more energetic
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## SOCIAL

- Social integration
- Build new friendships
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- Build social skills

## EMOTIONAL

- Self confidence
- Increase feeling of self-worth
- Increase feelings of happiness
- Increase feelings of success
- Positive mood & affect
- Lower tension

# Calling 911

## Everyday Dialogues

 Int - High Int    Teens & Adults

A person calls 911 in an emergency situation. The dispatcher sends help and instructs the caller how to perform simple CPR. Useful expressions are included.



**QUESTIONS?**

# PUNCTUATION MARKS



comma



period



question mark



exclamation  
mark



ellipsis



colon



## Present Progressive

### Grammar Practice Worksheets

💡 Beg – Low Int    🎓 Teens & Adults

In this lesson, students learn the patterns and usage of the present progressive tense. They practice forming affirmative and negative sentences as well as questions.

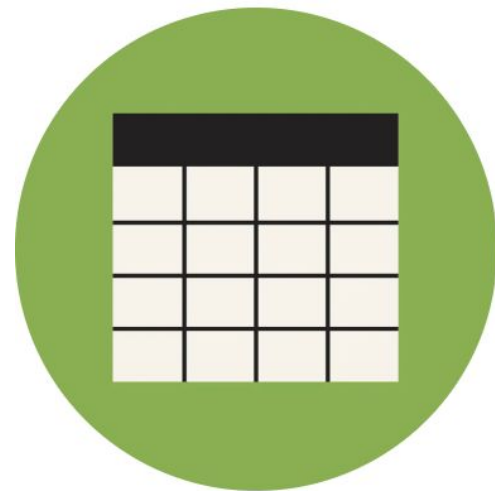


## Simple Present or Present Progressive?

### Grammar & Usage

💡 All levels    🎓 All ages

Using time markers in context, students practice recognizing when to use the simple present and present progressive verb tenses.

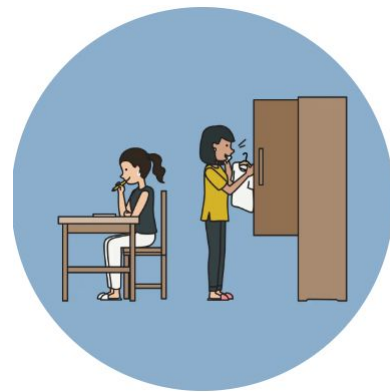


## Present Progressive Stories

### Grammar Stories

💡 Low Int 🎓 Teens & Adults

In this lesson, students read three stories that use the present progressive in context. Students answer comprehension questions and write two paragraphs of their own using the target tense.





**QUESTIONS?**



# Conversation Practice

Take turns practicing a conversation

Practice **calling the doctor's office for an appointment**

## CALLING THE DOCTOR

Pretend to call a doctor's office during off-hours. Leave a message on an answering machine about why your child or spouse needs an appointment with the doctor. State your name and the name of your family member. Then list at least two health concerns. Make sure to leave a phone number so the doctor's office can call you back.

### Example

#### Answering Machine:

Hello. You have reached the office of Dr. Gold. Our office is now closed. Please leave a detailed message after the tone and we will return your call. If this is a medical emergency, please call health services at 1-800-T-H-E-B-O-D-Y.

#### Message:

Hello. This is Connor Quinn. I'm calling about my daughter, Nicola. Nicola has a really sore throat. I think she may have an ear infection, too. She is in a lot of pain, and I think she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



## Conversation Practice

Take turns practicing a conversation

Student A

Practice **calling the doctor's office for an appointment**

Student B

[Answering Machine]

Hello.  
You have reached the office of Dr. Gold. Our office is now closed. Please leave a detailed message after the tone and we will return your call. If this is a medical emergency, please call health services at 1-800-T-H-E-B-O-D-Y.

[Caller]

Hello. This is Connor Quinn. I'm calling about my daughter, Nicola. Nicola has a really sore throat. I think she may have an ear infection, too. She is in a lot of pain, and I think she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



## Conversation Practice

Take turns practicing a conversation

Student A

Practice **calling the doctor's office for an appointment**

Student B

[Answering Machine]

Hello.

You have reached the office of Dr.

Gold. Our office is now closed.

Please leave a detailed message

after the tone and we will return your

call. If this is a medical emergency,

please call health services at

1-800-T-H-E-B-O-D-Y.

[Caller]

Hello. This is \_\_\_\_\_. I'm calling about \_\_\_\_\_. He/She has a really sore throat. I think he/she may have an ear infection, too. He/She is in a lot of pain, and I think he/she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



# Conversation Practice

Take turns practicing a conversation

Student A

Practice **calling the doctor's office for an appointment**

Student B

Parent

Call the medical clinic and make an appointment with the doctor to see your child. Describe your child's symptoms and book a time that works with your schedule.

Medical Clinic Receptionist

A parent calls to make an appointment with the doctor. Ask about the child's symptoms and find an appointment that works for the parent. Explain that the parent should take the child to the hospital or a walk-in clinic if symptoms worsen before the appointment.

Expressions

- I need to get my child in to see a doctor.
- He has a fever. He has a rash.
- Do you have an earlier appointment available?

- Is your child having trouble breathing?
- I'm sorry. The doctor's schedule is full today.
- The earliest I can get you in is ...
- I can put you on a waiting list in case anyone cancels.
- Go to the emergency room if the symptoms get worse.



# Conversation Practice

Take turns practicing a conversation

## Practice visiting a Pharmacy

### Visiting a Pharmacy

#### Scenario

**Location:** Pharmacy

**Characters:** Elderly Person and Pharmacist

#### Student A:

You are an elderly person. Your doctor gave you a new prescription for your leg pain. Ask the pharmacist to help you understand the label.

#### Student B:

Help an elderly person understand the label on his/her new prescription. Remind the customer of the importance of taking the pills on a full stomach.

#### Useful Expressions

Here are some possible questions and statements to include in your role-play. You don't have to use them all.

- This is a new prescription.
- I don't understand the instructions.
- How often do I take these?
- How many do I take?
- Take two pills, twice a day.
- The pills may make you drowsy (tired).
- If you have any questions, give us a call.
- Be sure to take these on a full stomach.

### Class Questions

Your class will have to be able to answer the following questions after you perform your skit:

1. What does the elderly person need a prescription for?
2. What doesn't the customer understand on the label?
3. What reminder does the pharmacist give?

### Writing

Optional.  
Use a blank piece of paper or your notebook.

1. Work together with your partner to write a dialogue based on the scenario.
2. Use some of the expressions above in your skit.



**QUESTIONS?**

# HOMWORK

- Download a **language app** (practice English 20 minutes every day).
  - Send your **journal responses** to the teacher (text, email, Remind).
  - Check **ellii** for assignments.
- 

- **New Students**
  - Complete an **Intake Form**, a **Consent Form**, and **Pre-Testing**
  - Review **worc-alc.org** (Class Page and Student Resources)



**QUESTIONS?**

*Practice speaking English every day!*

See you NEXT CLASS!

*Click on ....*

**Leave Meeting**

EXTRA SLIDES

## DOWNLOAD A LANGUAGE APP

<u>Awabe</u>	<u>Hello Talk</u>	<u>Memrise</u>
<u>Busuu</u>	<u>Lingbe</u>	YouTube <ul style="list-style-type: none"><li>• <u>English with Anna</u></li><li>• <u>Teacher Alisha</u></li><li>• <u>Teacher Keith</u></li><li>• <u>Teacher Rebecca</u></li><li>• <u>Teacher Tiffany</u></li><li>• <u>Films in English</u></li></ul>
<u>Duolingo</u>	<u>Learn English Daily</u>	
<u>FluentU</u> (online/\$)	<u>Lyrics Training</u> (songs)	
<u>Hello English</u>	<u>Mango</u>	

What app are you using?

Practice speaking English 20 minutes every day.

# IMPORTANT INFORMATION



**Worcester  
Adult Learning Center**

Phone: 508-799-3090  
508-799-3091

## **Teacher Marianne**

Phone & Text: 774-551-6381

## **Kristin: Career Navigator**

Text: 508-556-0713  
Email: [careers.walc@gmail.com](mailto:careers.walc@gmail.com)

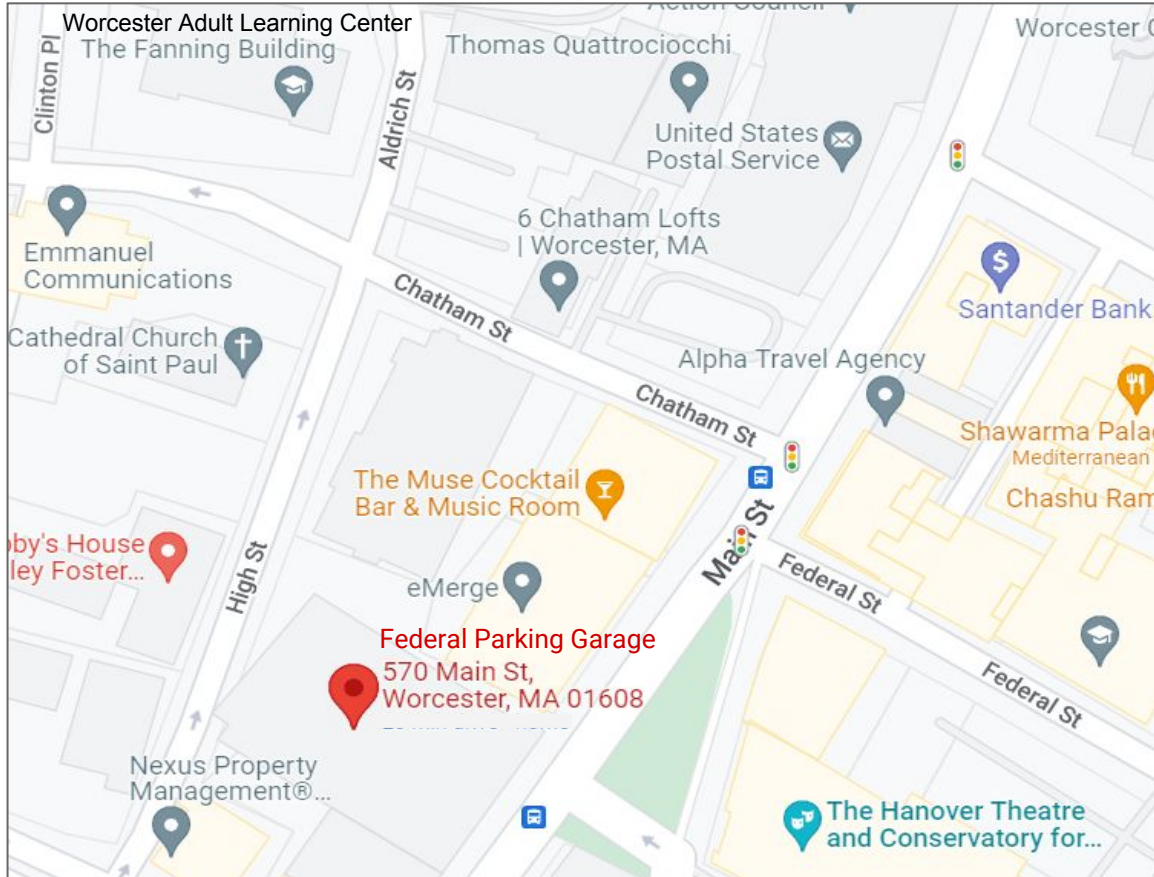
## **Zoom**

Meeting ID: 496 900 0061  
Password: 4sU7GC

## **Crystal: Student Advisor**

Respond to REMIND.  
Office hours:  
Tues, Wed, Thurs - 11:30am - 12:30pm

# Map of Federal Parking Garage



## Free Parking

Students can park for free at the Federal Parking Garage, 570 Main Street, Worcester, MA.

The garage front entrance is on Main Street.

- When you park your car... remember to take your parking ticket from the machine.
- Bring the parking ticket to the school.
- See one of these people who will validate your parking ticket:
  - Beth
  - Fatima
  - Crystal
  - Jen
- Keep the parking ticket.
- Bring the parking ticket back to the garage, so you can put it into the machine and get your car out.

The garage rear exit is on High Street.




# GOOGLE DOCS

Google Docs gives users the ability to create and store documents and files using any web browser (in “the cloud”), access them from any device, and give multiple people simultaneous access.

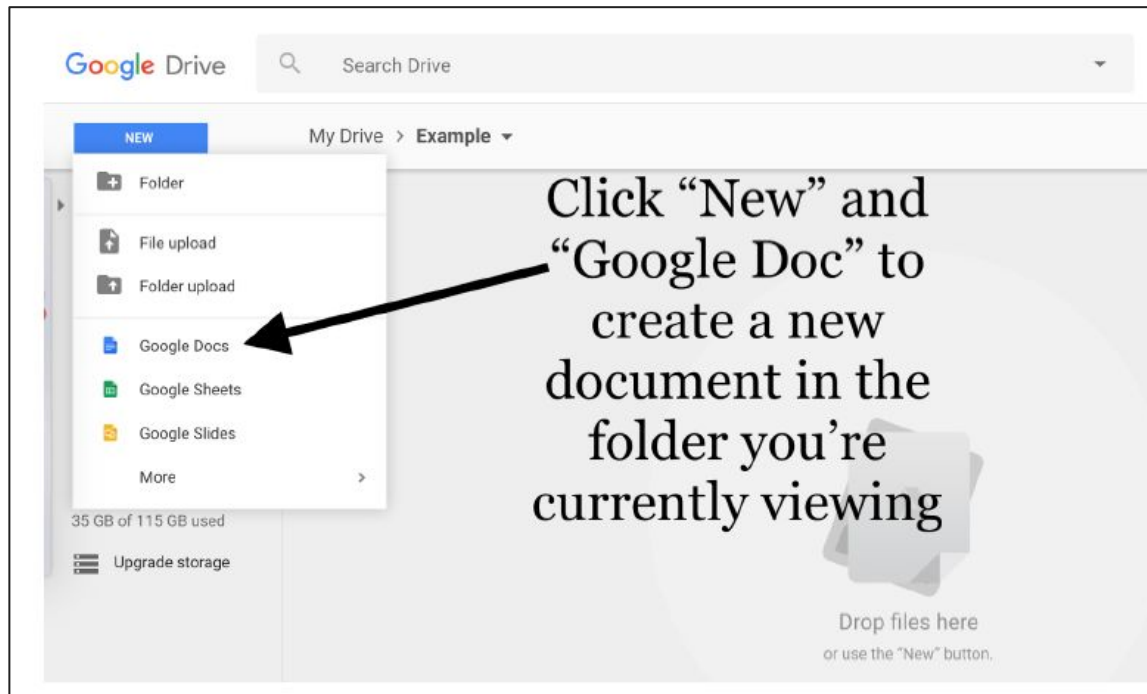
“The Cloud” is a phrase that means being able to access information through a web browser that are stored on a company’s computers. This gives you the ability to access them anywhere and share them with others.

*\*Google Docs works best in Google Chrome, but you can usually use it in any web browser (Safari, Internet Explorer, Firefox).*

To get started...

- Go to [drive.google.com](https://drive.google.com) and log in to a Google account OR login to a Gmail account.
- Click on the little grid in the upper-right of the screen (looks like ) and choose ‘Drive’

# CREATE A GOOGLE DOC



Click “New” and  
“Google Doc” to  
create a new  
document in the  
folder you’re  
currently viewing

Once you’re in your  
Google Drive account,  
click on the ‘New’ button  
and click on ‘Google Docs’  
to create a new Google  
Doc.



**QUESTIONS?**

Speak



1. What are they doing in the picture?
2. What were they doing in the picture?



## Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

## Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

Write



Today's date is \_\_\_\_\_ . Today's weather is \_\_\_\_\_ .

Day, Month Date, Year



# JOURNAL WRITING

Please write complete sentences (SVO)

1. What are they doing in the picture?
2. What were they doing in the picture?



## Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

## Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

Speak



1. What are they doing in the picture?
2. What were they doing in the picture?



## Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

## Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

Write



Today's date is \_\_\_\_\_ . Today's weather is \_\_\_\_\_ .

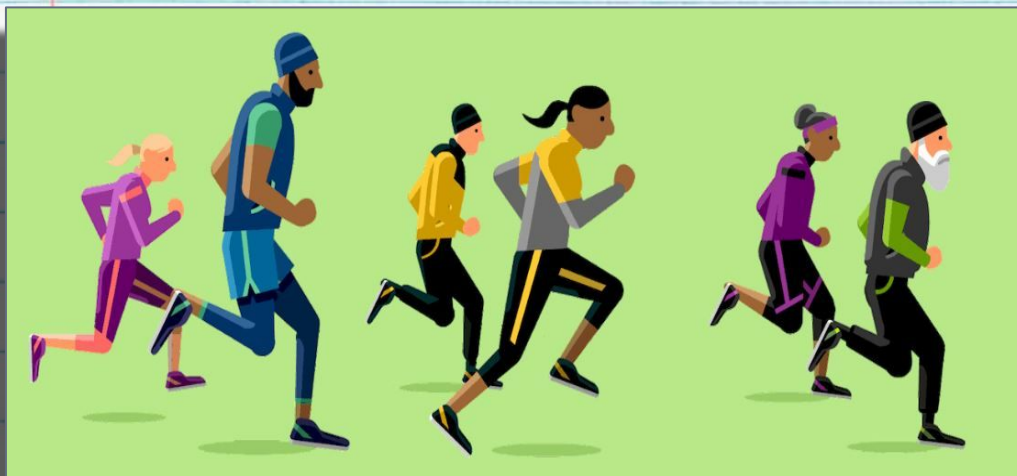
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PAST

PAST CONTINUOUS

PRESENT

PRESENT CONTINUOUS

FUTURE

PAST PROGRESSIVE

PRESENT PROGRESSIVE

Yesterday /was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will