



Good Morning!

ESOL Online AM

Week 36 - Day 109 - THURSDAYS - 6-08-2023 SP

Thursday, June 8, 2023



Worcester
Adult Learning Center

THINGS YOU WILL DO IN CLASS

Write



Read



Speak



Listen



CLASS VALUES

- Be respectful 
- Be kind 
- Be on time 
- Be helpful 

SCHOOL RULES

Attendance

No more than 2 unexcused missed classes a month

2 late arrivals of 15 minutes or more will equal 1 absence

Send a message to the teacher if you can not come to class.

Participation

*Please keep your video on during class.
Cameras must be on for Conversation Practice.

WHEN DO WE MEET AS A CLASS?



Tuesday, Wednesday, Thursday

January 3 - Thursday, June 8, 2023

Class start time: 9:00 AM

- BREAK: 10:00 - 10:20 AM
- Class end time: 11:30 AM

Homework: 11:00 - 12:00 NOON



& Lifestyle

STANDARDS – FOR THIS WEEK

Listening and Speaking

- L/S1A.3b. Carry out speaking tasks that require a short, simple explanation related to expressing needs, feelings, or information in familiar contexts, such as: leaving phone messages with appropriate level of detail (e.g., for school or work)
- L/S3A.4b. Understand and use: descriptive words, phrasal verbs, and collocations (e.g., get ready,...make a mistake)
- L/S3B.3a. Understand and produce basic grammatical structures (e.g., past and future verb tenses, basic prepositions, some conjunctions and contractions, and direct pronoun references).
- L/S3B.5a. Understand and produce a broad set of grammatical structures ex: present and past continuous verb tense

Reading

- R3B.4b. Interpret high-frequency idioms, expressions, phrasal verbs, and/or collocations (e.g., knock on wood,...).
- R3C.2a. Understand the differences in meaning between simple present and present continuous tense
- R3C.4b. Recognize and use intermediate function words: pronouns, prepositions, conjunctions,....

Writing

- W3B.4b. Use expanded vocabulary that includes...some common idiomatic expressions (e.g., take care of, count on).
- W3B.4d. Use common phrasal verbs (e.g., look for, go away, give in).
- W3C.5a. Construct text of coherently linked simple, compound, and complex sentences that include more complex grammar structures, such as: verb tenses to convey times, sequences, states, and conditions

OBJECTIVES – AT THE COMPLETION OF THIS WEEK'S LESSONS STUDENTS WILL BE ABLE TO:

Writing

- Write sentences using new phrasal verb vocabulary.
- Write sentences using simple present, present continuous, and past continuous.

Listening / Speaking

- Describe pictures using new phrasal verbs, present and past continuous tenses, and more complex prepositions properly.
- Interpret idioms and demonstrate an understanding by including the idiom in a new sentence.
- Role play everyday conversations.

Reading

- Demonstrate an understanding of the text by answering questions and in discussion.
- Recognize and use intermediate function words: pronouns and more complex prepositions.

MATERIALS – FOR THIS WEEK

- Journals
- Final Week
 - Phrasal verbs and Idioms (The Free Dictionary, Education First)
- Slides

*See Resources slide for links

RESOURCES

Health & Lifestyle

- World Health Day (WHO) <https://www.who.int/campaigns/75-years-of-improving-public-health> / Health definition <https://www.who.int/about/governance/constitution>
- 5 Pillars of Health <https://www.physiopoint.ie/post/the-5-pillars-of-health>
 - Sleep, Nutrition, Exercises/Physical, Mind/Emotional, Social/Community
- Activities to improve Sleep <https://health.nzdf.mil.nz/your-health/body/sleeping-well/>
- The Body - flashcards (ellii) <https://ellii.com/media/flashcards/body-health-medicine/the-body>
- Illness and Injury - flashcards (ellii) <https://ellii.com/media/flashcards/body-health-medicine/illness-injury>
- Going to the Doctor (ellii) https://app.ellii.com/lesson/1708-going-to-the-doctor?back_to=section
- Going to a Walk-in-Clinic (ellii) https://app.ellii.com/lesson/3032-going-to-a-walk-in-clinic?back_to=section
- Going to the Pharmacy (ellii) <https://app.ellii.com/lesson/1707-going-to-the-pharmacy>
- Reading Prescriptions (wikihow.com) <https://www.wikihow.com/Read-a-Doctor%27s-Prescription> / Pictures only (Creative Commons) <https://www.wikihow.com/Read-a-Doctor%27s-Prescription#/Image:Read-a-Doctor%27s-Prescription-Step-1-Version-5.jpg> / (WALC samples on slides) / Liveworksheets [https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_\(ESL\)/Reading/Understanding_warning_and_medication_labels_SB4_i3248770vh](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Reading/Understanding_warning_and_medication_labels_SB4_i3248770vh)
Prescription for Health and Happiness <https://www.the-hospitalist.org/hospitalist/article/32192/drug-therapy/prescriptions-for-health-and-happiness/>
- Health Labels and Warnings (ellii) <https://app.ellii.com/lesson/3398-health-labels-and-warnings>
- Useful Home Remedies (ellii) <https://app.ellii.com/lesson/3930-useful-home-remedies>
- Top 10 Foods <https://www.ucsfhealth.org/education/top-ten-foods-for-health>
- Reading Nutrition Labels (WALC samples on slides, Easy Teacher Worksheets.com, www.foodeducate.com)
- Benefits of Walking Walking Breaks counteract the effects of sitting (Harvard.edu) <https://www.health.harvard.edu/staying-healthy/walking-breaks-counter-the-effects-of-sitting>
- Emotional Health <https://mindyourmind.ca/wellness/creative-ways-support-your-mental-health/> / <https://www.betterup.com/blog/emotional-health-examples> <https://www.verywellmind.com/stress-and-health-3145086>
- Social Health <https://newsinhealth.nih.gov/2017/02/do-social-ties-affect-our-health#:~:text=Studies%20have%20found%20that%20people,especially%20protective%20during%20difficult%20times.>
- Health and Body - Role Plays (ellii)

RESOURCES

English Language

- Health & Lifestyle vocabulary
- Present Continuous (slides)
- Present Progressive (ellii)
- Simple Present or Present Progressive (ellii)
- Past Continuous
- Punctuation marks (excerpts from ellii)

Optional *Time permitting*

- *What Happened? (ellii)* https://app.ellii.com/lesson/1589-what-happened?back_to=section
- *Calling 911 (ellii)*
- *Allergies and Climate Change* <https://www.health.harvard.edu/>

Mini Lessons

- Idioms - Determine the meaning of idioms (IXL Learning) / Why learning idioms? <https://www.tiktok.com/@englishwithkayla/video/7213388435988614446> / <https://www.ixl.com/ela/grade-4/determine-the-meaning-of-idioms-from-context-set-1>
- Idioms with Food <https://loveenglish.org/food-idioms/> / <https://idioms.thefreedictionary.com/bring+home+the+bacon> / <https://www.theidioms.com/>
- Phrasal verbs <https://idioms.thefreedictionary.com/look+at>,
- Prepositions <https://englishlive.ef.com/blog/language-lab/english-grammar-help-common-prepositions/#:~:text=There%20are%20nine%20very%20common,of%20'on'>.
- Listening Activities - TBD (ello) Body Idioms

AGENDA (WHAT WE WILL DO THIS WEEK)

- ❑ Health & Lifestyle
 - ❑ News & Housekeeping
 - ❑ Listening/Speaking (phrases with look, make, take)
 - ❑ Journal Writing (phrases with look, make, take)
 - ❑ Idiom
 - ❑ Simple and Present Continuous – negative sentences
 - ❑ Health
 - ❑ Physical Health – Reading Nutrition Labels
 - ❑ Conversation Practice * – Health vocabulary / Role Play Scenarios (ellii)*time permitting

* Click on the link in your Remind message to rejoin our Zoom class.



QUESTIONS?



Worcester
Adult Learning Center

NEWS





Important Dates:



Last Day of Online Class is Thursday, June 8.



Summer Classes begin June 20.

* Class meets on TWT, 9:00 - 11:30 AM, at the school.



Online Book Club begins on Monday, June 19

* Class meets online, Mondays, 5:30 - 7:30 PM.



Worcester
Adult Learning Center

NEWS

Are you coming back in September?

- Fall Semester will begin in September.
- You will be automatically enrolled.
- Please let me - or the school - know if you are not returning in September.



QUESTIONS?

Speak



1. What are you doing to 'make do' during these times of high inflation?
2. What were you doing to 'make ends meet' when you first came to the US?

make do

Present
'make do'

Present Continuous
am / is / are 'making do'

Past Continuous
was / were 'making do'

Past
'made do'

make ends meet

Present
'make ends meet'

Present Continuous
am / is / are 'making ends meet'

Past Continuous
was / were 'making ends meet'

Past
'made ends meet'

Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

**PAST CONTINUOUS
PAST PROGRESSIVE**

PRESENT

**PRESENT CONTINUOUS
PRESENT PROGRESSIVE**

FUTURE

Yesterday / was were

Yesterday / **was were** + verb-ing

Today / am is are

Today / **am is are** + verb-ing

Tomorrow / will

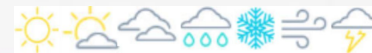
Write



Today's date is _____

Day, Month Date, Year

Today's weather is _____



JOURNAL WRITING *Please write complete sentences (SVO)*

1. What are you doing to 'make do' during these times of high inflation?

2. What were you doing to 'make ends meet' when you first came to the US?

Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

make do

Present
'make do'

Present Continuous
am / is / are 'making do'

Past Continuous
was / were 'making do'

Past
'made do'

make ends meet

Present
'make ends meet'

Present Continuous
am / is / are 'making ends meet'

Past Continuous
was / were 'making ends meet'

Past
'made ends meet'

PAST

PAST CONTINUOUS
PAST PROGRESSIVE

PRESENT

PRESENT CONTINUOUS
PRESENT PROGRESSIVE

FUTURE

Yesterday / was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

Speak



1. Look at the picture below. What is happening?

Try to use some new prepositions in your sentences.



look at

Present
'look at'

Present Continuous
am / is / are 'looking at'

Past Continuous
was / were 'looking at'

Past
'looked at'

More Prepositions

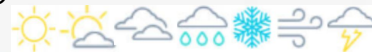
- at, at the front,
- at the back of, in back, behind, backwards
- in, in front of,
- atop, on, on top of, above, over, overhead
- between
- far away from, forward
- towards, near
- under, underneath
- with, within, without

Write



Today's date is _____ .
Day, Month Date, Year

Today's weather is _____ .



JOURNAL WRITING *Please write complete sentences (SVO)*

1. Look at the picture below. What is happening?

Try to use lots of prepositions in your sentences.



look at

Present
'look at'

Present Continuous
am / is / are 'looking at'

Past Continuous
was / were 'looking at'

Past
'looked at'

More Prepositions

- at, at the front,
- at the back of, in back, behind, backwards
- in, in front of,
- atop, on, on top of, above, over, overhead
- between
- far away from, forward
- towards, near
- under, underneath
- with, within, without

Speak



1. What are you going to do this summer?
2. What were you going to do this summer?

Action Verb Vocabulary

accomplishing, acting, arriving, analyzing, babysitting, baking, biking, building, camping, catching, cleaning, collecting, cooking, correcting, cycling, dancing, deciding, decreasing, departing, developing, digging, diving, doing, drawing, drinking, driving, eating, entertaining, facing, fetching, finishing, fishing, flying, forming, furthering, gardening, giving, going, growing, having, healing, hiking, hunting, idling, improving, journeying, jumping, keeping, knitting, lazing, learning, lolling, making, meditating, minding, noting, painting, picnicking, planning, playing, preparing, prepping, reading, returning, riding, running, readying a new project, sailing, saving, sewing, simplifying, singing, snorkeling, sorting, spelling, spending, splashing, studying, sunbathing, surfing, swimming, teaching, throwing a party, traveling, turning, upgrading, vacationing, viewing, visualizing, walking, washing, water skiing, wearing, writing, etc.

Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS
PAST PROGRESSIVE

PRESENT

PRESENT CONTINUOUS
PRESENT PROGRESSIVE

FUTURE

Yesterday / was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will

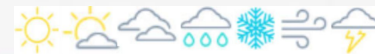
Write



Today's date is _____

Day, Month Date, Year

Today's weather is _____



JOURNAL WRITING

Please write complete sentences (S V O)

1. What are you going to do this summer?
2. What were you going to do this summer?

Action Verb Vocabulary

accomplishing, acting, arriving, analyzing, babysitting, baking, biking, building, camping, catching, cleaning, collecting, cooking, correcting, cycling, dancing, deciding, decreasing, departing, developing, digging, diving, doing, drawing, drinking, driving, eating, entertaining, facing, fetching, finishing, fishing, flying, forming, furthering, gardening, giving, going, growing, having, healing, hiking, hunting, idling, improving, journeying, jumping, keeping, knitting, lazing, learning, lolling, making, meditating, minding, noting, painting, picnicking, planning, playing, preparing, prepping, reading, returning, riding, running, readying a new project, sailing, saving, sewing, simplifying, singing, snorkeling, sorting, spelling, spending, splashing, studying, sunbathing, surfing, swimming, teaching, throwing a party, traveling, turning, upgrading, vacationing, viewing, visualizing, walking, washing, water skiing, wearing, working, writing, etc.

Present Continuous

I	am	+ verb-ing
He/She/It	is	+ verb-ing
You/We/They	are	+ verb-ing

Past Continuous

I	was	+ verb-ing
He/She/It	was	+ verb-ing
You/We/They	were	+ verb-ing

PAST

PAST CONTINUOUS
PAST PROGRESSIVE

PRESENT

PRESENT CONTINUOUS
PRESENT PROGRESSIVE

FUTURE

Yesterday / was were

Yesterday / was were + verb-ing

Today / am is are

Today / am is are + verb-ing

Tomorrow / will



QUESTIONS?

IDIOM OF THE DAY

Which picture shows the meaning of *in hot water* as it is used below?

I knew I would be **in hot water** when Mom and Dad got home. I just threw a ball inside the house and broke the window!



IDIOM OF THE DAY

🔊 Which picture shows the meaning of *made a beeline for* as it is used below?

🔊 We couldn't wait to go outside and play. When class was over, we **made a beeline for** the door.



IDIOM OF THE DAY

Which picture shows the meaning of *two peas in a pod* as it is used below?

Ruth's kids are **two peas in a pod**. They aren't twins, but they look and act like they are!



IDIOM OF THE DAY

Which picture shows the meaning of *on the fence* as it is used below?

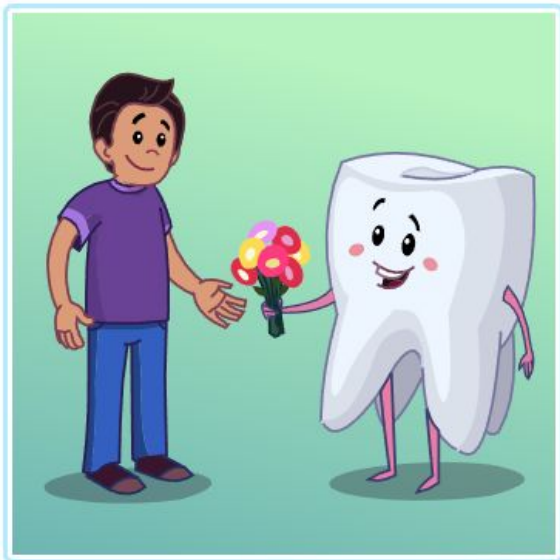
Eric wants to get Chinese food. Lindsey wants to get Mexican food. But Marcy is **on the fence**.



IDIOM OF THE DAY

Which picture shows the meaning of *has a sweet tooth* as it is used below?

Cody **has a sweet tooth**, so he wants more chocolate cake.



IDIOM OF THE DAY

What is the meaning of **take a rain check**?

I can't go to the movies this Thursday, but I'd like to **take a rain check** for next week.

to accept an offer now for a later time

to ignore someone in an unfriendly way

IDIOM OF THE DAY





QUESTIONS?



& Lifestyle

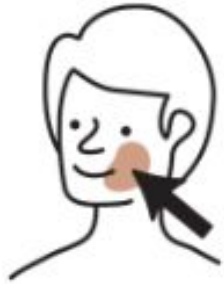


HEALTH

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.



HEALTH - THE BODY



cheek



chest



chin

HEALTH - ILLNESS & INJURY



cold



congested



cough

Going to the Doctor

Everyday Dialogues

💡 Low Int 🎓 Teens & Adults

Mr. Perez has a sore throat. Do your students know how to describe their symptoms? Students learn important vocabulary and expressions required for seeking medical attention.



Going to a Walk-In Clinic


Everyday Dialogues

 Low Int - Int  Teens & Adults

In this lesson, students learn and practice using vocabulary and expressions related to walk-in clinics. They have a group discussion and practice writing their own dialogues and answering questions.



HEALTH - READING A DOCTOR'S PRESCRIPTION

DEA# BHSDFBEGdbg	License # 12312844	NPI # 123434357416	Doctor Information	
RESIDENT PHYSICIAN M.D. Prime Example Hospital 1 Main Street NY, NY 10000 (888)888-8888				Patient Information
Name: John Smith	DOB: 12/13/1985			
Address: 2 Main Street NY 10000	Age: 24		Drug Information	
Allergies: NKDA	Sex: Male			
Weight: 165 kls	Dat: 4/15/10			
				
_____ Resident Physician (Signature)				
Refills : _____				
_____ Dispense as Written		_____ May Substitute		

HEALTH - READING A DOCTOR'S PRESCRIPTION



Rx 246326
HAMMEL, LILY
D.O.B. 1977-AUG-02

DATE FILLED 11/17/20

AMOXICILLIN 200MG TABLET

TAKE ONE TABLET TWICE A DAY FOR FOURTEEN DAYS

OK TO TAKE WITH FOOD

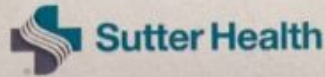
Dr. Rodman, Roger MD (925) 555-7980

QTY: 28

REFILLS: 0

Use before: 12/02/20

HEALTH Read a Prescription



Prescription for Health & Happiness

A dose of joy and self-compassion

Provider: Dr. Leif Hass

Date: 2/20/2021

Prescribed to: Suzie S.

Rx *spread the love*

watch a sunset

Refills: 1 2 3 4 As Needed

- Take a few deep breaths
- Call an old friend
- Give someone a hug
- Help a friend in need
- Write a thank you note
- Sing in the shower
- Dance to your favorite song
- Go for a walk in a beautiful place
- Forgive someone
- Talk to yourself with a kinder voice

Health Labels and Warnings

Real-World Reading

 Low Int  Teens & Adults

In this Real-World Reading resource, students practice reading short labels and warnings that relate to health, including food and prescription labels.



Going to the Pharmacy

Everyday Dialogues

💡 Low Int 🕒 Teens & Adults

A customer talks to a pharmacist about a new prescription. Students learn vocabulary related to side effects and warnings.



Useful Home Remedies

That's News to Me

💡 Adv 🎓 Teens & Adults

In this digital-only lesson featuring content from The Washington Post, students read about home remedies for different health issues that researchers have found effective. This lesson includes comprehension and discussion questions.



Health & Body

Role-Plays

💡 Int - Adv 👤 Teens & Adults



Use these ready-made scenarios to practice everyday English in a variety of settings related to health and the body. Useful expressions are provided.

The 5 Pillars of health

Sleep



Nutrition



Exercises



Mind /
Emotions



Community /
Relationship



HEALTH

Sleep



Activities to improving sleep

Change what you eat or drink

Plan your activities

Make your bed a place of sleep

Relax before you go to bed

HEALTH



READING NUTRITION LABELS



Nutrition Facts

8 servings per container

Serving size

1 cup (55g)

Amount per 1 cup

Calories

500

% DV*

12% Total Fat 8g

5% Saturated Fat 1g

Trans Fat 0g

0% Cholesterol 0mg

7% Sodium 160mg

12% Total Carbs 37g

14% Dietary Fiber 4g

Sugars 4g

Added Sugars 10g

Protein 3g

10% Vitamin D 2mcg

20% Calcium 260mg

45% Iron 8mg

5% Potassium 235mg

* Footnote on Daily Values (DV) and calories reference to be inserted here.

READING NUTRITION LABELS



Nutrition Facts

Serving Size 1 pastry (52g)

Serving Per Container 8

Amount Per Serving

Calories 200 Calories from Fat 45

% Daily Values*

Total Fat 5g **8%**

Saturated Fat 2g **10%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 1g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 38g **13%**

Dietary Fiber 0g **0%**

Sugars 16g

Protein 2g **4%**

Vitamin A 10% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

HEALTH

Exercises



PHYSICAL

- Better health
- Improved quality of life
- Stronger bones & muscles
- Fight off illness better
- Weight control
- Improved fitness

MENTAL

- Reduce anxiety & depression
- Reduce & prevent stress
- Increase cognitive functioning
- Feeling more energetic
- Sleep better
- Relaxation

SOCIAL

- Social integration
- Build new friendships
- Strengthen relationships
- Increase family time
- Meet new people
- Build social skills

EMOTIONAL

- Self confidence
- Increase feeling of self-worth
- Increase feelings of happiness
- Increase feelings of success
- Positive mood & affect
- Lower tension

HEALTH

Exercises



Walking breaks counter the effects of sitting

HEALTH

Exercises



BENEFITS OF WALKING EVERYDAY

Improve Glucose Tolerance

Prevent Early Dementia

Prevent Heart Diseases

Improve Glucose Tolerance

Improve Digestion

Boosts Immune Pain

Relieve Back Pain

Eases Joint Pain

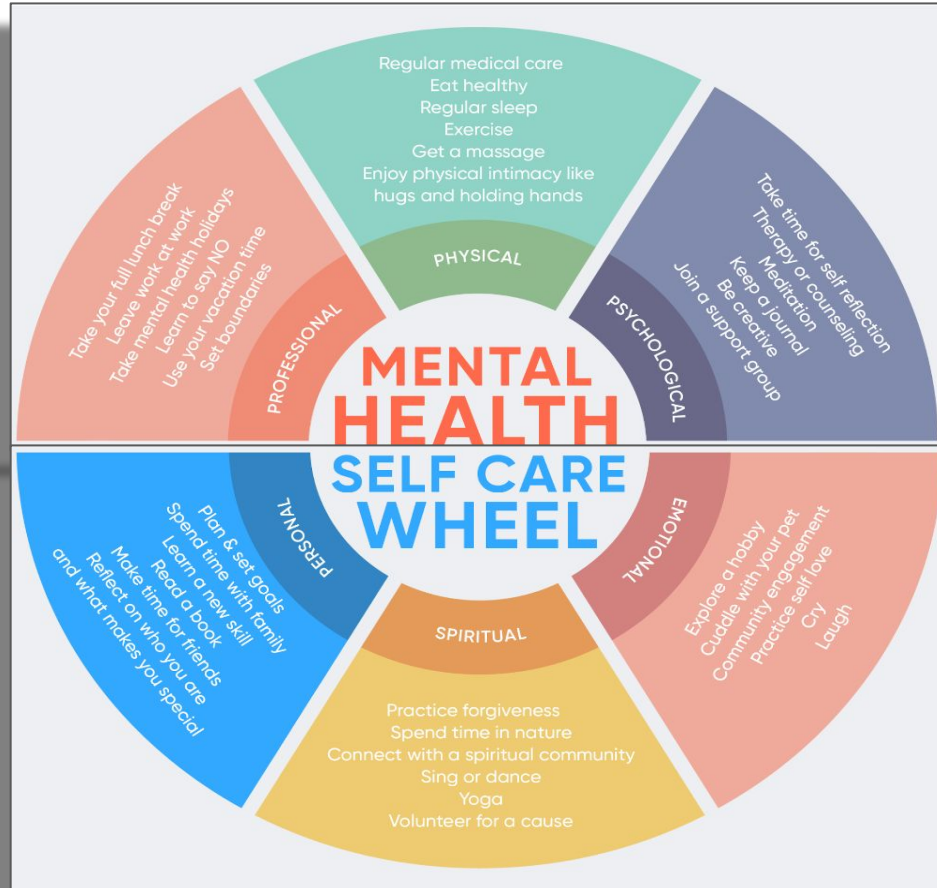


HEALTH

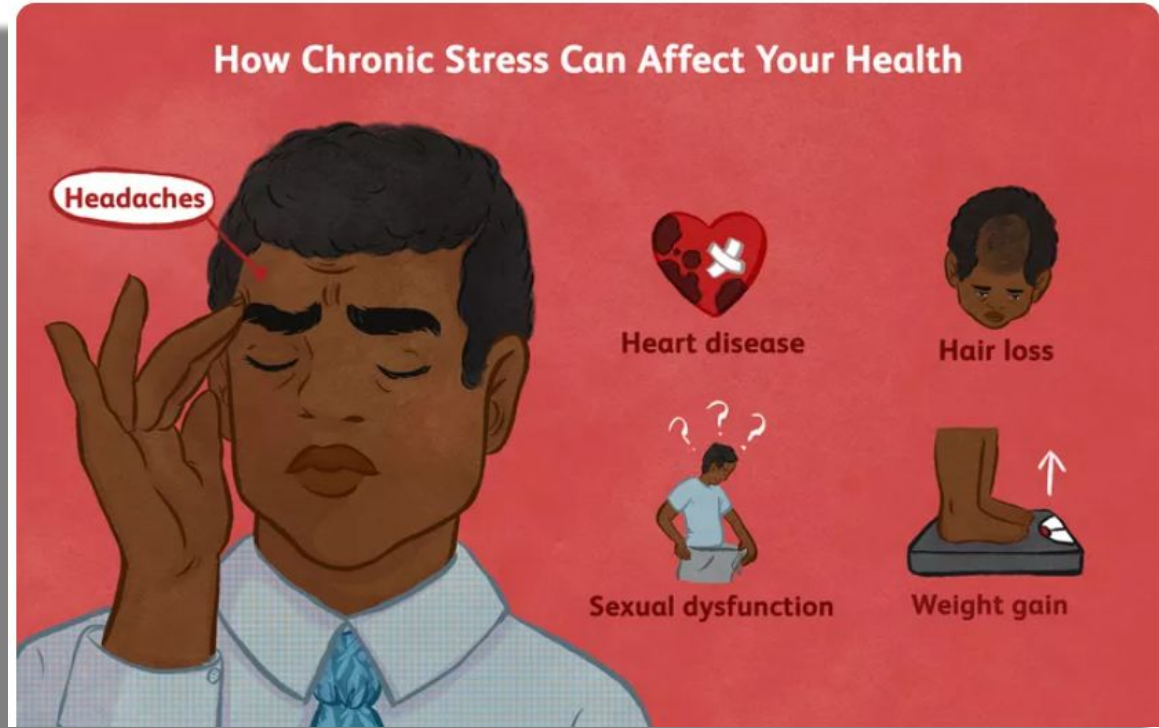
Mind /
Emotions



HEALTH



HEALTH



HEALTH



Watch Now: 5 Ways Stress Can Cause Weight Gain

HEALTH

Mind /
Emotions



HOW TO DEAL WITH STRESS AND ANXIETY

MIND



Accept that you cannot control everything.

Put your stress in perspective: is it really as bad as you think?



Do your best.

Instead of aiming for perfection, which isn't possible, be proud of however close you get.



Maintain a positive attitude.

Make an effort to replace negative thoughts with positive thoughts.



Learn what triggers your anxiety.

Is it work, family, school, or something else you can identify? Write in a journal when you're feeling stressed or anxious, and look for a pattern.

HEALTH



Creative Ways to Support Your Brain

HEALTH

Community / Relationship



PHYSICAL

- Better health
- Improved quality of life
- Stronger bones & muscles
- Fight off illness better
- Weight control
- Improved fitness

MENTAL

- Reduce anxiety & depression
- Reduce & prevent stress
- Increase cognitive functioning
- Feeling more energetic
- Sleep better
- Relaxation

SOCIAL

- Social integration
- Build new friendships
- Strengthen relationships
- Increase family time
- Meet new people
- Build social skills

EMOTIONAL

- Self confidence
- Increase feeling of self-worth
- Increase feelings of happiness
- Increase feelings of success
- Positive mood & affect
- Lower tension

Calling 911

Everyday Dialogues

 Int - High Int  Teens & Adults

A person calls 911 in an emergency situation. The dispatcher sends help and instructs the caller how to perform simple CPR. Useful expressions are included.



QUESTIONS?

PUNCTUATION MARKS



comma



period



question mark



exclamation
mark



ellipsis



colon



Present Progressive

Grammar Practice Worksheets

💡 Beg – Low Int 🎓 Teens & Adults

In this lesson, students learn the patterns and usage of the present progressive tense. They practice forming affirmative and negative sentences as well as questions.

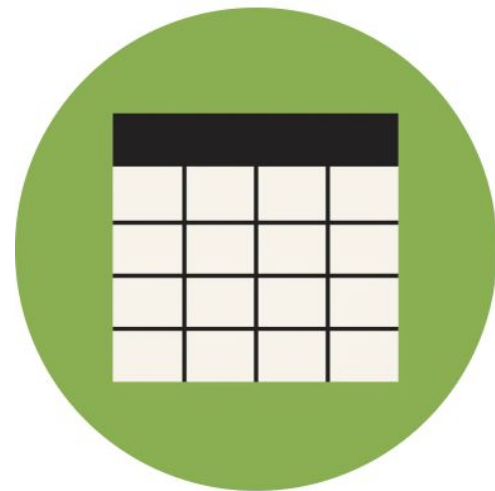


Simple Present or Present Progressive?

Grammar & Usage

💡 All levels 🎓 All ages

Using time markers in context, students practice recognizing when to use the simple present and present progressive verb tenses.



Present Progressive Stories

Grammar Stories

💡 Low Int 🎓 Teens & Adults

In this lesson, students read three stories that use the present progressive in context. Students answer comprehension questions and write two paragraphs of their own using the target tense.





QUESTIONS?



Conversation Practice

Take turns practicing a conversation

Practice **calling the doctor's office for an appointment**

CALLING THE DOCTOR

Pretend to call a doctor's office during off-hours. Leave a message on an answering machine about why your child or spouse needs an appointment with the doctor. State your name and the name of your family member. Then list at least two health concerns. Make sure to leave a phone number so the doctor's office can call you back.

Example

Answering Machine:

Hello. You have reached the office of Dr. Gold. Our office is now closed. Please leave a detailed message after the tone and we will return your call. If this is a medical emergency, please call health services at 1-800-T-H-E-B-O-D-Y.

Message:

Hello. This is Connor Quinn. I'm calling about my daughter, Nicola. Nicola has a really sore throat. I think she may have an ear infection, too. She is in a lot of pain, and I think she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



Conversation Practice

Take turns practicing a conversation

Student A

Practice calling the doctor's office for an appointment

Student B

[Answering Machine]

Hello.
You have reached the office of Dr. Gold. Our office is now closed. Please leave a detailed message after the tone and we will return your call. If this is a medical emergency, please call health services at 1-800-T-H-E-B-O-D-Y.

[Caller]

Hello. This is Connor Quinn. I'm calling about my daughter, Nicola. Nicola has a really sore throat. I think she may have an ear infection, too. She is in a lot of pain, and I think she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



Conversation Practice

Take turns practicing a conversation

Student A

Practice calling the doctor's office for an appointment

Student B

[Answering Machine]

Hello.

You have reached the office of Dr. Gold. Our office is now closed.

Please leave a detailed message after the tone and we will return your call. If this is a medical emergency, please call health services at 1-800-T-H-E-B-O-D-Y.

[Caller]

Hello. This is _____. I'm calling about _____. He/She has a really sore throat. I think he/she may have an ear infection, too. He/She is in a lot of pain, and I think he/she may need some antibiotics. I'd like to make an appointment with Doctor Gold tomorrow if possible. Please call me back at 222-8907. Thank you.



Conversation Practice

Take turns practicing a conversation

Student A

Practice **calling the doctor's office for an appointment**

Student B

Parent

Call the medical clinic and make an appointment with the doctor to see your child. Describe your child's symptoms and book a time that works with your schedule.

Medical Clinic Receptionist

A parent calls to make an appointment with the doctor. Ask about the child's symptoms and find an appointment that works for the parent. Explain that the parent should take the child to the hospital or a walk-in clinic if symptoms worsen before the appointment.

Expressions

- I need to get my child in to see a doctor.
- He has a fever. He has a rash.
- Do you have an earlier appointment available?

- Is your child having trouble breathing?
- I'm sorry. The doctor's schedule is full today.
- The earliest I can get you in is ...
- I can put you on a waiting list in case anyone cancels.
- Go to the emergency room if the symptoms get worse.



Conversation Practice

Take turns practicing a conversation

Practice visiting a Pharmacy #1

Patient

1. I'd like to have this prescription filled, please.
2. No, I haven't.
3. Are there any side effects?
4. What about precautions?
5. When will the prescription be ready?
6. Okay. Thank you. See you later.

Pharmacist

1. Have you taken this medicine before?
2. You have to take one pill three times a day for seven days.
3. Yes. You may feel drowsy.
4. Don't drive when you take this medicine.
5. You can pick it up at 3:00.



Conversation Practice

Take turns practicing a conversation

Practice visiting a Pharmacy #2

Visiting a Pharmacy

Scenario

Location: Pharmacy

Characters: Elderly Person and Pharmacist

Student A:

You are an elderly person. Your doctor gave you a new prescription for your leg pain. Ask the pharmacist to help you understand the label.

Student B:

Help an elderly person understand the label on his/her new prescription. Remind the customer of the importance of taking the pills on a full stomach.

Useful Expressions

Here are some possible questions and statements to include in your role-play. You don't have to use them all.

- This is a new prescription.
- I don't understand the instructions.
- How often do I take these?
- How many do I take?
- Take two pills, twice a day.
- The pills may make you drowsy (tired).
- If you have any questions, give us a call.
- Be sure to take these on a full stomach.

Class Questions

Your class will have to be able to answer the following questions after you perform your skit:

1. What does the elderly person need a prescription for?
2. What doesn't the customer understand on the label?
3. What reminder does the pharmacist give?



Conversation Practice

Take turns practicing a conversation

Practice visiting a Pharmacy #2

Customer

May I speak to the pharmacist please?

This is a new prescription. I don't understand the instructions.

How often do I take these? How many do I take?

Are there any special instructions?

Thank you.

Pharmacist

Hello. How can I help you?

Let me take a closer look.

Take two pills, twice a day.

The pills may make you drowsy (tired).
Be sure to take these on a full stomach.

If you have any questions, give us a call.



Conversation Practice

Take turns practicing a conversation

Practice visiting a Doctor

Visiting a Doctor for the First Time

Scenario

Location: Doctor's Office

Characters: New Patient and Receptionist

Student A:

You are new to a city and you found a doctor who is taking new patients. Introduce yourself to the receptionist. Ask questions about the medical records he/she wants you to fill out.

Student B:

A new patient has arrived for his/her introductory appointment. Ask him/her to fill out some medical forms using a pen and clipboard. Apologize that the doctor is running behind schedule.

Useful Expressions

Here are some possible questions and statements to include in your role-play. You don't have to use them all.

- Hello. I have an appointment with the doctor.
- This is my first visit.
- Do you have a pen I could borrow?
- Do I need to fill out the back as well?
- Did you bring your medical card?
- Please take a clipboard and fill this out.
- Let me know if you have any questions.
- I'm afraid the doctor is running behind schedule today.

Class Questions

Your class will have to be able to answer the following questions after you perform your skit:

1. Why is the patient at the doctor's office?
2. What does the patient have to do?
3. Why does the receptionist apologize to the patient?



Conversation Practice

Take turns practicing a conversation

Practice visiting a Doctor

Patient

Hello. I have an appointment with the doctor.

This is my first visit.

Do you have a pen I could borrow?

Do I need to fill out the back as well?.

Okay. Thank you.

Receptionist

Did you bring your medical card?

Please take a clipboard and fill this form out.

Here you go. Let me know if you have any questions.

Yes. Complete both sides.

Take your time. I'm afraid the doctor is running behind schedule today.



QUESTIONS?

HOMWORK

- Download a **language app** (practice English 20 minutes every day).
 - Send your **journal responses** to the teacher (text, email, Remind).
 - Check **ellii** for assignments.
-

- **New Students**
 - Complete an **Intake Form**, a **Consent Form**, and **Pre-Testing**
 - Review **worc-alc.org** (Class Page and Student Resources)



QUESTIONS?

Practice speaking English every day!

See you NEXT CLASS!

Click on

Leave Meeting

EXTRA SLIDES

DOWNLOAD A LANGUAGE APP

<u>Awabe</u>	<u>Hello Talk</u>	<u>Memrise</u>
<u>Busuu</u>	<u>Lingbe</u>	YouTube
<u>Duolingo</u>	<u>Learn English Daily</u>	<ul style="list-style-type: none">• <u>English with Anna</u>• <u>Teacher Alisha</u>• <u>Teacher Keith</u>• <u>Teacher Rebecca</u>• <u>Teacher Tiffany</u>• <u>Films in English</u>
<u>FluentU</u> (online/\$)	<u>Lyrics Training</u> (songs)	
<u>Hello English</u>	<u>Mango</u>	

What app are you using?

Practice speaking English 20 minutes every day.

IMPORTANT INFORMATION



**Worcester
Adult Learning Center**

Phone: 508-799-3090
508-799-3091

Teacher Marianne

Phone & Text: 774-551-6381

Kristin: Career Navigator

Text: 508-556-0713

Email: careers.walc@gmail.com

Zoom

Meeting ID: 496 900 0061

Password: 4sU7GC

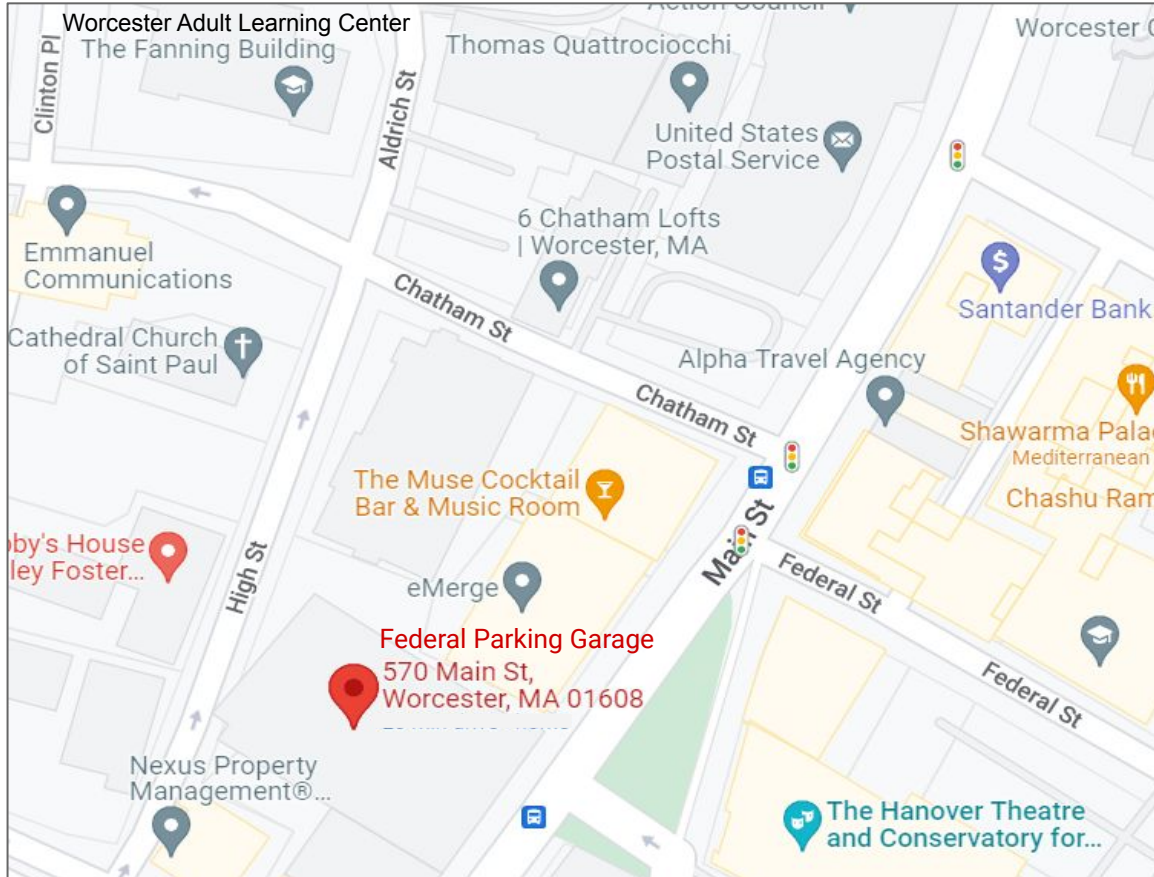
Crystal: Student Advisor

Respond to REMIND.

Office hours:

Tues, Wed, Thurs - 11:30am - 12:30pm

Map of Federal Parking Garage



Free Parking

Students can park for free at the Federal Parking Garage, 570 Main Street, Worcester, MA.

The garage front entrance is on Main Street.

- When you park your car... remember to take your parking ticket from the machine.
- Bring the parking ticket to the school.
- See one of these people who will validate your parking ticket:
 - Beth
 - Fatima
 - Crystal
 - Jen
- Keep the parking ticket.
- Bring the parking ticket back to the garage, so you can put it into the machine and get your car out.

The garage rear exit is on High Street.




GOOGLE DOCS

Google Docs gives users the ability to create and store documents and files using any web browser (in “the cloud”), access them from any device, and give multiple people simultaneous access.

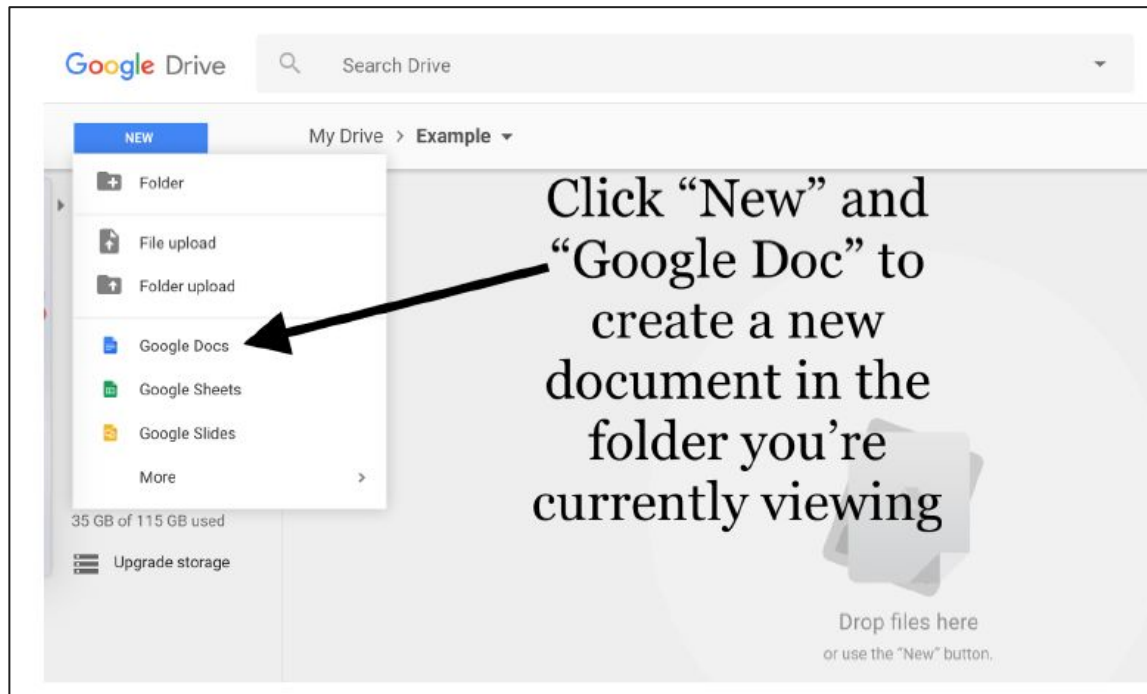
“The Cloud” is a phrase that means being able to access information through a web browser that are stored on a company’s computers. This gives you the ability to access them anywhere and share them with others.

**Google Docs works best in Google Chrome, but you can usually use it in any web browser (Safari, Internet Explorer, Firefox).*

To get started...

- Go to drive.google.com and log in to a Google account OR login to a Gmail account.
- Click on the little grid in the upper-right of the screen (looks like ) and choose ‘Drive’

CREATE A GOOGLE DOC



Click “New” and
“Google Doc” to
create a new
document in the
folder you’re
currently viewing

Once you’re in your
Google Drive account,
click on the ‘New’ button
and click on ‘Google Docs’
to create a new Google
Doc.



QUESTIONS?

IDIOM OF THE DAY

IDIOMS WITH FOOD

**Butter someone up***Be extra nice to someone***Cool as a cucumber***Very relaxed***Souped-up***Made more powerful or stylish***Sell like hot cakes***Bought by many people***Use your noodle***Use your brain***Big cheese***Very important person (VIP)***Take with a grain of salt***Don't consider something**100% accurate***(Don't) cry over spilled milk***Get upset over smt that has happened**and cannot be changed*

IDIOM OF THE DAY

Food Idioms Examples

1. Stop trying to **butter me up!**
2. The company spends billions on **souped-up** broadband services.
3. **Use your noodle** to figure out the math problem.
4. I know they say I am a celebrity, but I **take it all with a grain of salt.**
5. I was furious, but Mike was as **cool as a cucumber.**
6. I'm sure your book will **sell like hotcakes.**
7. One of the **big cheeses** from NASA gave a speech.
8. You have lost the game, but **don't cry over spilled milk.**

IDIOM OF THE DAY

IDIOMS WITH FOOD

**Smart cookie**

A very intelligent person

**Cream of the crop**

The best

**Apple of one's eye**

A person that is adored by someone

**Bring home the bacon**

Earn the income

**Hot potato**

A person who is often in trouble

**Cheesy**

Silly

**Carrot top**

A person with red or orange hair

**Full of beans**

Have a lot of (silly) energy

Not telling the truth

IDIOM OF THE DAY

Food Idioms Examples

1. Don't underestimate Laurie's intelligence—she's one **smart cookie!***
2. The new baby is the **apple of her mother's eye.***
3. The issue has become a political **hot potato.**
4. She preferred to be called a redhead than **carrot top.***
5. The students at this college are the **cream of the crop.**
6. We can't both stay at home and look after the kids — someone needs to **bring home the bacon.** *
7. She gave a **cheesy** grin to the cameras.
- 8 a. Jem was **full of beans** after a long sleep. (energy)
- 8 b. That's not true. You're **full of beans!** (to lie / lying)*

IDIOM OF THE DAY

IDIOMS WITH FOOD

**Egg someone on**

Urge someone to do something

**A hard nut to crack**

Difficult to understand, often a person

**Bread and butter**

Necessities, the main thing

**Bad egg**

A person with red or orange hair

**Have bigger fish to fry**

Have more important things to do

**Go bananas**

Become crazy

**Bun in the oven**

Necessities, the main thing

**A piece of cake**

Something very easy to do

IDIOM OF THE DAY

Food Idioms Examples

1. John wouldn't have taken the risk if his brother hadn't **egged him on**.
2. Painting is his **bread and butter**.
3. It's really not worth my time. I've got **bigger fish to fry!***
4. You're having a baby shower for Kim? I didn't know she had a **bun in the oven**.*
5. He's a **bad egg**. I don't trust him.
6. The kids are going to **go bananas** when we tell them about the trip to Disney World.*
7. The exam was **a piece of cake**.