



JOURNAL

1. Who is in your family? (spouse, children, siblings)
2. Do some of your family still live in your home country?
3. What is your favorite activity to do with your family?
4. What education goals do you have for this year?
5. What professional goals do you have for this year?
(Examples: work, job, better job, certification, training, etc.)
6. What family goals do you have for this year?
7. What is Worcester Adult Learning Center's website address?
8. Who is the Worcester Adult Learning Center - **Career Navigator**?
9. Who is the person that can help you with **Community Resources**?

5 "W" Questions

- Who (people)
 - What (things)
 - When (time)
 - Where (place)
 - Why (purpose)
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- How? (in what manner or way)